

# Reduction of Anaemia in Adolescent Girls and Women : Investing for a Healthier Tomorrow



POWERING A GREENER TOMORROW



## Goals:

- Reduce the percentage of anemia and improve the health condition of adolescent girls and boys
- Eradicate deficiency of iron in pregnant and lactating women.
- Increase awareness about healthy nutrition practices among girls
- Empower the existing government programs for adolescent girls like “Kishori Shakti Yojana” and school-based, weekly iron folic acid distribution program



**State** : Gujarat

**Location** : Waghodiya, Vadodara

**Brief of the activity** : Iron Deficiency Anemia (IDA) is a major global health problem especially in women, and adolescent girls. Anemia creates problems for pregnant women. It also decreases immunity and affects the cognitive development. This has adverse impacts on learning and adult productivity.

The target group for this project is adolescent girls, their mothers, and adolescent boys. Suzlon Foundation has planned to implement this project in five villages after successful implementation in village Pipariya. Suzlon Infrastructure Limited is partnering with us for this initiative.

**Progress** : Iron tablets and health food is being provided in the schools and short listed villages.

**Benefits** : Through this project the iron content within the target audience is improving and this would further improve with the continuation of the project.

**Quick Information** : Time Period: 1 July 2008 to 31 December 2008

**Partners** : Aarogya - Centre for Health Nutrition Education and Health Promotion